

Vermont Young Adult Survey



Welcome to the Vermont Young Adult Survey 2016!

We value your opinions and appreciate your participation. This survey was designed for Vermont residents between the ages of 18 and 25. The survey takes about 10 minutes to complete and will ask questions about your perceptions and use of alcohol and other drugs.

DO NOT take this survey if:

- you have already completed this survey in 2016

OR

- you are under 18 or over 25

OR

- you did not live in Vermont at any time during the past year

Otherwise, please continue. And if you participated in the survey in 2014, welcome back!

Important Information for Respondents

(Please read before proceeding)

This survey is completely anonymous and does not record any personally identifying information. **Please answer all questions truthfully.**

The survey is being conducted by the Pacific Institute for Research and Evaluation (PIRE), which is a non-profit organization contracted by the Vermont Department of Health. The information from the survey will be released in summary form only. No one from the Department of Health will have access to your individual responses.

At the end of the survey you will be able to enter a weekly drawing for a \$100 cash prize as well as one final drawing for a \$250 grand prize. Your contact information for the drawing will be saved in a separate location and can never be linked to your survey data.

You may only enter the drawing once; duplicate entries will be discarded. **Proof of age and Vermont residence will be required to receive a prize.**

The information will be used to help inform and improve prevention programs.

The survey is completely voluntary. You may choose not to participate at any time. Other than the question about your age, you may skip any questions you are not comfortable answering.

If you get disconnected from the survey, your responses will be saved and you will be taken to where you left off if you return to the survey within 4 hours. After 4 hours, you will need to start from the beginning.

The following line appears on the top of every page...

This survey is anonymous. Your responses can never be linked to you personally.

Q1 Please tell us what kind of device you are using to do this survey:

- Smart phone (1)
- Tablet (2)
- Laptop or desktop computer (3)
- Other (4)

Q1A Did you already begin taking this survey sometime in the past few weeks?

- No - this is my first time on the survey site (1)
- Yes - I started the survey previously but was not able to complete it (Thank you for returning. The survey will start again from the beginning.) (2)

Note: If you have already completed this survey this year, please do not take it again. Drawing entries that have duplicates will be discarded.

Demographic Information

Q2 What is your age?

- Under 18 (1)
- 18 to 20 (2)
- 21 to 25 (3)
- Over 25 (4)

If "Under 18" or "Over 25" is selected, the survey will be discontinued and the following message will appear:

Thank you for your interest in this survey, but it is intended only for persons who are at least 18 years of age and not older than 25.

If the age you just entered was in error, you may begin the survey again by refreshing your browser, or by logging off and then returning to the survey.

Q3 What is your sex (as assigned at birth)?

- Male (1)
- Female (2)

Q4 How would you describe your current gender identity?

- Female (1)
- Male (2)
- Transgender (3)
- Other (4)

Q5 Are you a student?

- No (1)
- Yes, in college or vocational school, full-time (2)
- Yes, in college or vocational school, part-time (3)
- Yes, in high school or a GED program (4)
- Yes, in some other type of school (5)

Q6 What is your zip code? (Please enter the five-digit zip code of the Vermont address where you live the greatest amount of time during the year).

- Enter zip code: (1) _____
- Click here if you don't know your zip code (2)

If an invalid Vermont zip code is entered or respondent indicates they don't know their zip code, survey continues to Q6b below. Otherwise skip to Q7.

Q6b Please select the Vermont city or town where you live the greatest amount of time during the year.

- Addison (1)
- Albany (2)
- Alburg (3)
- Arlington (4)
- Averill (5)
- Averys Gore [Essex] (6)
- Bakersfield (7)
- Barnet (8)
- Barre City (9)
- Barre Town (10)
- Barton (11)
- Belvidere (12)
- Bennington (13)
- Benson (14)
- Berkshire (15)
- Berlin (16)
- Bloomfield (17)
- Bolton (18)
- Bradford (19)
- Braintree (20)
- Brandon (21)
- Bridport (22)
- Brighton (23)
- Bristol (24)
- Brookfield (25)
- Brownington (26)
- Brunswick (27)
- Buels Gore (28)
- Burke (29)
- Burlington (30)
- Cabot (31)
- Calais (32)
- Cambridge (33)
- Canaan (34)
- Castleton (35)
- Charleston (36)
- Charlotte (37)
- Chelsea (38)
- Chittenden (39)
- Clarendon (40)
- Colchester (41)

- Concord (42)
- Corinth (43)
- Cornwall (44)
- Coventry (45)
- Craftsbury (46)
- Danby (47)
- Danville (48)
- Derby (49)
- Dorset (50)
- Duxbury (51)
- East Haven (52)
- East Montpelier (53)
- Eden (54)
- Elmore (55)
- Enosburg (56)
- Essex (57)
- Fair Haven (58)
- Fairfax (59)
- Fairfield (60)
- Fairlee (61)
- Fayston (62)
- Ferdinand (63)
- Ferrisburg (64)
- Fletcher (65)
- Franklin (66)
- Georgia (67)
- Glastenbury (68)
- Glover (69)
- Goshen (70)
- Granby (71)
- Grand Isle (72)
- Granville (73)
- Greensboro (74)
- Groton (75)
- Guildhall (76)
- Hancock (77)
- Hardwick (78)
- Highgate (79)
- Hinesburg (80)
- Holland (81)
- Hubbardton (82)
- Huntington (83)
- Hyde Park (84)
- Ira (85)

- Irasburg (86)
- Isle La Motte (87)
- Jay (88)
- Jericho (89)
- Johnson (90)
- Kirby (91)
- Landgrove (92)
- Leicester (93)
- Lemington (94)
- Lewis (95)
- Lincoln (96)
- Lowell (97)
- Lunenburg (98)
- Lyndon (99)
- Maidstone (100)
- Manchester (101)
- Marshfield (102)
- Mendon (103)
- Middlebury (104)
- Middlesex (105)
- Middletown Springs (106)
- Milton (107)
- Monkton (108)
- Montgomery (109)
- Montpelier (110)
- Moretown (111)
- Morgan (112)
- Morristown (113)
- Mount Holly (114)
- Mount Tabor (115)
- New Haven (116)
- Newark (117)
- Newbury (118)
- Newport City (119)
- Newport Town (120)
- North Hero (121)
- Northfield (122)
- Norton (123)
- Orange (124)
- Orwell (125)
- Panton (126)
- Pawlet (127)
- Peacham (128)
- Peru (129)

- Pittsfield (130)
- Plainfield (131)
- Poughkeepsie (132)
- Poughkeepsie (133)
- Proctor (134)
- Randolph (135)
- Readsboro (136)
- Richford (137)
- Richmond (138)
- Ripton (139)
- Rupert (140)
- Rutland City (141)
- Rutland Town (142)
- Ryegate (143)
- Salisbury (144)
- Sandgate (145)
- Searsburg (146)
- Shaftsbury (147)
- Sheffield (148)
- Shelburne (149)
- Sheldon (150)
- Sherburne (151)
- Shoreham (152)
- Shrewsbury (153)
- South Burlington (154)
- South Hero (155)
- St. Albans City (156)
- St. Albans Town (157)
- St. George (158)
- St. Johnsbury (159)
- Stamford (160)
- Stannard (161)
- Starksboro (162)
- Stowe (163)
- Strafford (164)
- Sudbury (165)
- Sunderland (166)
- Sutton (167)
- Swanton (168)
- Thetford (169)
- Tinmouth (170)
- Topsham (171)
- Troy (172)
- Tunbridge (173)

- Underhill (174)
- Vergennes (175)
- Vershire (176)
- Victory (177)
- Walden (178)
- Wallingford (179)
- Waltham (180)
- Warrens Gore (181)
- Washington (182)
- Waterford (183)
- Waterville (184)
- Wells (185)
- West Fairlee (186)
- West Haven (187)
- West Rutland (188)
- Westfield (189)
- Westford (190)
- Westmore (191)
- Weybridge (192)
- Wheelock (193)
- Whiting (194)
- Williamstown (195)
- Williston (196)
- Winhall (197)
- Winooski (198)
- Wolcott (199)
- Woodford (200)

Q6c If your town or city is not in the drop down menu enter it here: _____

Perceptions About Ease of Obtaining Alcohol and other Substances

Q7 How easy or difficult do you think it is for persons aged 18 to 20 in your community (that is, the Vermont community where you live for most of the year) to buy alcohol in stores?

- Very easy (1)
- Somewhat easy (2)
- Somewhat difficult (3)
- Very difficult (4)
- Don't know (5)

Q8 How easy or difficult do you think it is for persons aged 18 to 20 in your community to buy alcohol in bars and restaurants?

- Very easy (1)
- Somewhat easy (2)
- Somewhat difficult (3)
- Very difficult (4)
- Don't know (5)

Q9 How easy or difficult do you think it is for persons aged 18 to 20 in your community to get alcohol from friends or family members?

- Very easy (1)
- Somewhat easy (2)
- Somewhat difficult (3)
- Very difficult (4)
- Don't know (5)

Q10 How easy or difficult do you think it is for persons your age in your community to get marijuana (from any source)?

- Very easy (1)
- Somewhat easy (2)
- Somewhat difficult (3)
- Very difficult (4)
- Don't know (5)

Q11 How easy or difficult do you think it is for persons your age in your community to get prescription pain relievers (e.g., Oxycontin, Vicodin, Codeine) without having their own prescription?

- Very easy (1)
- Somewhat easy (2)
- Somewhat difficult (3)
- Very difficult (4)
- Don't know (5)

Perceptions About Risks from Using Alcohol and other Substances

Q12 How much do people risk harming themselves physically or in other ways if they have five or more drinks of an alcoholic beverage once or twice a week?

- no risk (1)
- slight risk (2)
- moderate risk (3)
- great risk (4)
- don't know (5)

Q13 How much do people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?

- no risk (1)
- slight risk (2)
- moderate risk (3)
- great risk (4)
- don't know (5)

Q14 How much do people risk harming themselves physically or in other ways if they use prescription pain relievers (e.g., Oxycontin, Vicodin, Codeine) that were not prescribed for them a few times per year?

- no risk (1)
- slight risk (2)
- moderate risk (3)
- great risk (4)
- don't know (5)

Perceptions Regarding Law Enforcement.

Q15 If someone your age was driving through your community one evening after having too much to drink, how likely is it that they would be noticed and stopped by the police?

- Very likely (1)
- Somewhat likely (2)
- Not very likely (3)
- Not at all likely (4)
- Don't know (5)

Q16 How likely are police in your community to find out about and break up parties where underage persons are drinking?

- Very likely (1)
- Somewhat likely (2)
- Not very likely (3)
- Not at all likely (4)
- Don't know (5)

Q17 If someone your age is caught by the police using or possessing a small amount of marijuana, how likely is it that they will be cited and fined?

- Very likely (1)
- Somewhat likely (2)
- Not very likely (3)
- Not at all likely (4)
- Don't know (5)

The Next Set of Questions Asks About Your Own Behaviors and Experiences with Alcohol and Other Substances

Q18 During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage, or liquor?

- Yes (1)
- No (2)

If No Is Selected, skip To Q22

Q19 During the past 30 days, have you driven a car or other vehicle after having too much to drink?

- Yes (1)
- No (2)
- Don't know (3)

Q20 Considering all types of alcoholic beverages, how many days during the past 30 days did you have 5 or more drinks (if male) or 4 or more drinks (if female) on a single occasion?

- 0 (0)
- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (10)
- 11 (11)
- 12 (12)
- 13 (13)
- 14 (14)
- 15 (15)
- 16 (16)
- 17 (17)
- 18 (18)
- 19 (19)
- 20 (20)
- 21 (21)
- 22 (22)
- 23 (23)
- 24 (24)
- 25 (25)
- 26 (26)
- 27 (27)
- 28 (28)
- 29 (29)
- 30 (30)

Q20A

- Check here if you don't know or don't remember (1)

If age reported in Q2 is not 18 to 20 (2), skip to Q22

Q21 During the past 30 days, how did you get your alcohol? (Check all that apply)

- I bought it at a store, such as a liquor store, convenience store, or grocery store (1)
- I bought it at a restaurant, bar or public place (2)
- My parent or guardian gave it to me or bought it for me (3)
- Another adult family member (age 21 or older) gave it to me or bought it for me (4)
- An adult (age 21 or older) who I know but who is not related to me gave it to me or bought it for me (5)
- Someone I know under age 21 gave it to me or bought it for me (6)
- Someone I don't know gave it to me or bought it for me (7)
- It was available at a social gathering (such as a party or wedding) (8)
- I took it from my parents' home or someone else's home (9)
- I took it from a store without paying for it (10)
- I got it in Canada (11)
- I got it some other way (12)

Q22 During the past 30 days, have you used marijuana or hashish?

- Yes (1)
- No (2)

If No is selected, skip to Q26

Q23 On how many days in the past 30 days did you use marijuana or hashish?

- 0 (0)
- 1 (1)
- 2 (2)
- 3 (3)
- 4 (4)
- 5 (5)
- 6 (6)
- 7 (7)
- 8 (8)
- 9 (9)
- 10 (10)
- 11 (11)
- 12 (12)
- 13 (13)
- 14 (14)
- 15 (15)
- 16 (16)
- 17 (17)
- 18 (18)
- 19 (19)
- 20 (20)
- 21 (21)
- 22 (22)
- 23 (23)
- 24 (24)
- 25 (25)
- 26 (26)
- 27 (27)
- 28 (28)
- 29 (29)
- 30 (30)

Q23A

- Check here if you don't know or don't remember (1)

Q24 During the past 30 days, when using any form of marijuana, which method did you use?
(Check all that apply)

- Smoked it (1)
- Ate food that contained it (2)
- Drank tea or other liquids that contained it (3)
- Inhaled it with a vaporizer (4)
- Other (please describe) (5) _____

Q24A During the past 30 days, did you use medical marijuana as recommended by a doctor or other health care provider for treatment of a medical condition?

- Yes (1)
- No (2)

Q25 During the past 30 days, have you driven a car or other vehicle within three hours of using marijuana or hashish?

- Yes (1)
- No (2)

Q26 Within the last 12 months, have you taken any prescription pain relievers (e.g., OxyContin, Vicodin, Codeine) that were not prescribed to you?

- Yes (1)
- No (2)

If Yes Is Not Selected, Then Skip To Q27

Q26a The last time you used a prescription pain reliever that was not prescribed for you, how did you obtain it?

- Got it from a friend or relative for free (1)
- Bought it from a friend or relative (2)
- Took it from a friend or relative without asking (3)
- Bought it from a drug dealer or other stranger (4)
- Bought it on the internet (5)
- Got it some other way (6)
- Don't remember (7)

Q27 Within the last 12 months, have you taken any prescription sedatives (e.g., Xanax, Valium) that were not prescribed to you?

- Yes (1)
- No (2)

If Yes Is Not Selected, Then Skip To Q28

Q27a The last time you used a prescription sedative that was not prescribed for you, how did you obtain it?

- Got it from a friend or relative for free (1)
- Bought it from a friend or relative (2)
- Took it from a friend or relative without asking (3)
- Bought it from a drug dealer or other stranger (4)
- Bought it on the internet (5)
- Got it some other way (6)
- Don't remember (7)

Q28 Within the last 12 months, have you taken any prescription stimulants (e.g., Ritalin, Adderall) that were not prescribed to you?

- Yes (1)
- No (2)

If Yes Is Not Selected, Then Skip To Q29

Q28a The last time you used a prescription stimulant that was not prescribed for you, how did you obtain it?

- Got it from a friend or relative for free (1)
- Bought it from a friend or relative (2)
- Took it from a friend or relative without asking (3)
- Bought it from a drug dealer or other stranger (4)
- Bought it on the internet (5)
- Got it some other way (6)
- Don't remember (7)

Q29 Within the last 12 months, have you used methadone or buprenorphine (e.g., Suboxone, Subutex) that was not prescribed to you?

- Yes (1)
- No (2)

If Yes Is Not Selected, Then Skip To Q30

Q29a The last time you used methadone or buprenorphine that was not prescribed for you, how did you obtain it?

- Got it from a friend or relative for free (1)
- Bought it from a friend or relative (2)
- Took it from a friend or relative without asking (3)
- Bought it from a drug dealer or other stranger (4)
- Bought it on the internet (5)
- Got it some other way (6)
- Don't remember (7)

Q30 Within the last 12 months, have you taken any prescription pain relievers (e.g., OxyContin, Vicodin, Codeine) that were prescribed to you, but at a higher dose or for a different reason than prescribed?

- Yes (1)
- No (2)

Q31 Within the last 12 months, have you taken any prescription sedatives (e.g., Xanax, Valium) that were prescribed to you, but at a higher dose or for a different reason than prescribed?

- Yes (1)
- No (2)

Q32 Within the last 12 months, have you taken any prescription stimulants (e.g., Ritalin, Adderall) that were prescribed to you, but at a higher dose or for a different reason than prescribed?

- Yes (1)
- No (2)

Q33 Within the past 12 months do you recall seeing or hearing any information regarding safe storage and disposal of prescription drugs?

- Yes (1)
- No (2)

Q34 Within the past 12 months, have you used, even once, any form of heroin?

- Yes (1)
- No (2)

Just a few more background questions and the survey will be complete.

Q35 Where did you first find out about this survey?

- An ad on Facebook (1)
- A friend or family member told me about it or sent me the link (2)
- Other (please describe) (3) _____

Q36 How do you usually describe yourself?

- White (1)
- Black or African American (2)
- Hispanic or Latino (3)
- Asian or Pacific Islander (4)
- American Indian, Alaskan Native, or Native Hawaiian (5)
- Bi-Racial or Multi-Racial (6)
- Other (7)

Q37 What is your employment status?

- Employed for wages (full-time) (1)
- Employed for wages (part-time) (2)
- Self-employed (3)
- Not employed and looking for work (4)
- Not employed and not looking for work (5)

Q38 What is the highest level of education completed by your mother (or the person who is most like a mother to you)?

- Completed grade school or less (1)
- Attended some high school (2)
- Completed high school (3)
- Attended some college (4)
- Completed college (5)
- Completed graduate or professional school after college (6)
- Not sure (7)

Q39 What is your sexual orientation?

- Heterosexual (1)
- Gay or Lesbian (2)
- Bisexual (3)
- Unsure or other (4)

Q40 Are you currently or have you ever been a member of the United States Armed services (active duty, reserve, or National Guard)?

- Yes (1)
- No (2)

Q41 Do you have a LONG-TERM physical or mental condition that makes it difficult to perform common daily activities (e.g., seeing, hearing, walking, climbing stairs, driving a car, or going out to shop for groceries)?

- Yes (1)
- No (2)

Q42 What is your preferred spoken language?

- English (1)
- Some other language (please specify) (2) _____

Q43 Is there anything else you'd like to tell us or add regarding the issues we have asked about today, or about your experience taking the survey?

That was the last question. Your survey information was successfully submitted.

Thank you for your time.

If you have questions about this survey, or would like to know where you can find more information about alcohol and other drug issues, please contact Amy Livingston at PIRE by phone at (802) 652-4111 or email at alivingston@pire.org. You may also contact John Searles at the Vermont Department of Health, by phone at (802) 657-4264 or email at john.searles@vermont.gov.

If you have questions about your rights as a participant in this study, you may contact Elysia Oudemans at PIRE by phone at (301) 755-2757 or toll free 866-PIRE-ORG ext. 2757 (866-747-3674 ext. 2757).

This survey was approved by:
Vermont Department of Health

Click [here](#) to enter a
drawing for cash prizes

If you do not wish to enter the drawing, you may simply exit this site now.
Thank you for your participation.